

Holding Hope

Lord of all hopefulness....help me
to....notice.....wonder....explore...be
surprised...awaken...attend....feel.....
and **receive** the Love and Hope
that is held out for me today.



... 'As pilgrims of Hope in
2025, you are invited to be
renewed in hope and to
share this hope with others.'
Pope Francis



'And I ask him that with both feet
planted firmly on love,
you'll be able to take in, with all
followers of Jesus, the extravagant
dimensions of Christ's love.'
St Paul's letter to the Ephesians
3:14-19

'God is clearly into abundance and
excess, and God's genuine followers
share in that largesse:

first in receiving it and resting in
it, then in allowing it to flow
through them toward the world.'

Fr Richard Rohr

"There is sheer beauty in the Gospels. What comes
across loud and clear is that good is better than evil;
right is better than wrong; beauty is better than
ugliness; love is better than hatred. It further teaches
that all life is sacred and all creation is connected;
that all human beings are created equal – there are no
degrees of humanness; that we are all gifted; that the
gifts may be of the head, the hands or the heart and
that they are all important to the world."

Mgr Donal Lucey on Holding Hope

An invitation....to spend some time in prayer using this
image. You may wish to..

- very simply just sit with it in silence
- place a person or a situation you are holding
into those strong arms....
- gaze at the image and let it speak to you afresh
- enjoy the colours

Whatever you choose...you are invited to pray
from the well withinthis place of life giving
water.....of knowing.....of
hopeand the hope
prayer holds for us all.

Detail of Virgin and Child
From Pietro Lorenzetti's
Pieve Polyptych - 1320

