Holding Hope

Lord of all hopefulness....help me to....notice.....wonder....explore...be surprised...awaken...attend....feel..... and **receive** the Love and Hope that is held out for me today.



"There is sheer beauty in the Gospels. What comes across loud and clear is that good is better than evil; right is better than wrong; beauty is better than ugliness; love is better than hatred. It further teaches that all life is sacred and all creation is connected; that all human beings are created equal – there are no degrees of humanness; that we are all gifted; that the gifts may be of the head, the hands or the heart and that they are all important to the world."

Mgr Donal Lucey on Holding Hope

An invitation....to spend some time in prayer using this image. You may wish to..

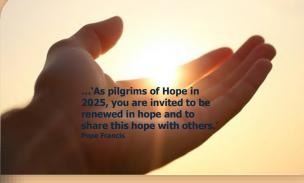
- very simply just sit with it in silence
- place a person or a situation you are holding into those strong arms....
- gaze at the image and let it speak to you afresh
- enjoy the colours
 Whatever you choose...you are invited to pray from the well withinthis place of life giving water.....of knowing.....of

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hopeand the hope prayer holds for us all.

Detail of Virgin and Child From Pietro Lorenzetti's Pieve Polyptych - 1320



'God is clearly into abundance and excess, and God's genuine followers share in that largesse:

first in receiving it and resting in it, then in allowing it to flow through them toward the world.'

Fr Richard Rohr

