



Dementia Friendly A Service of Lessons and Carols

LEEDS CATHEDRAL
The Cathedral Church of St Anne

Saturday 8th December 2018
3.00pm



We are a Dementia Friendly Diocese

We are delighted that the Leeds Diocese is now a member of the Dementia Action Alliance (Yorkshire & Humberside) and we have agreed an Action Plan.

It's estimated that nationally 1:4 of the over 80s experience a degree of dementia at this stage of their life which impacts on their families and carers. Between 2015 and 2025 the number of people with dementia in the UK is expected to increase by 40% to over 1.2M people.

Most people with dementia live in their own homes, not in care homes, so our parishes have a massively important role in supporting people and their carers to not just cope, but to live well.

There are some wonderful and inspiring parish responses already happening across the Diocese, including a monthly Memory Mass, Memory Cafes and activity groups like the Happy Memories group. Being a Dementia Friendly Diocese will help us to share ideas and undertake the simple, and sometimes small, ways that can help.

We want to empower people with dementia to make positive changes in parish life, and to have a stronger voice. We welcome people living with dementia to join us in sharing experiences and discussing how we can raise awareness of dementia. Please contact Rachel for a chat on 07702 255142 or email growing.old.gracefully@dioceseofleeds.org.uk.

Our warmest thanks to everyone involved in this Service including:

- The students and staff from Holy Rosary and St Anne's Catholic Primary School and everyone involved in this Service.
- All the staff at Leeds Cathedral.
- The Diocesan Dementia Friendly Working Group for their organisation and support.
- Congregation of the Sisters of Mercy (RSM) for their generous support in the production of this Order of Service.

Welcome to Leeds Cathedral

Please ensure that all mobile telephones and other electronic devices are switched off before the Service begins. Thank you for your co-operation.

The use of private cameras, video or sound recording equipment is strictly prohibited in the Cathedral.

Order of Service

Welcome and Opening Prayer

Deacon Joe Cortis

The First Lesson

The angel Gabriel salutes the Blessed Virgin Mary

In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the House of David; and the virgin's name was Mary. He went in and said to her, 'Rejoice, you who enjoy God's favour! The Lord is with you. She was deeply disturbed by these words and asked herself what this greeting could mean, but the angel said to her, 'Mary, do not be afraid; you have won God's favour. Look! You are to conceive in your womb and bear a son, and you must name him Jesus. He will be great and will be called Son of the Most High. The Lord God will give him the throne of his ancestor David; he will rule over the House of Jacob for ever and his reign will have no end'.

Mary said to the angel, 'But how can this come about, since I have no knowledge of man?' The angel answered, 'The Holy Spirit will come upon you, and the power of the Most High will cover you with its shadow. And so the child will be holy and will be called Son of God. And I tell you this too: your cousin Elizabeth also, in her old age, has conceived a son, and she whom people called barren is now in her sixth month, for nothing is impossible to God. Mary said, 'You see before you the Lord's servant, let it happen to me as you have said.' And the angel left her.

Once in Royal David City

Cecil Francis Alexander (1818-95)

1. Once in royal David's city,
Stood a lowly cattle shed,
Where a mother laid her Baby,
In a manger for His bed:
Mary was that mother mild,
Jesus Christ, her little Child.
2. He came down to earth from heaven,
Who is God and Lord of all,
And His shelter was a stable,
And His cradle was a stall:
With the poor, and mean, and lowly,
Lived on earth our Saviour holy.
3. For He is our childhood's pattern;
Day by day, like us, He grew;
He was little, weak, and helpless,
Tears and smiles, like us He knew;
And He cares when we are sad,
And he shares when we are glad.
4. And our eyes at last shall see Him,
Through His own redeeming love;
For that Child so dear and gentle,
Is our Lord in heaven above:
And He leads His children on,
To the place where He is gone.

The Second Lesson

St Luke tells of the birth of Jesus

Now it happened that at this time Caesar Augustus issued a decree that a census should be made of the whole inhabited world. This census, the first took place while Quirinius was governor of Syria, and everyone went to be registered, each to his own town. So Joseph set out from the town of Nazareth in Galilee for Judaea, to David's town called Bethlehem, since he was of David's House and line, in order to be registered together with Mary, his betrothed, who was with child. Now it happened that, while they were there, the time came for her to have her child, and she gave birth to a son, her first-born. She wrapped him in swaddling clothes and laid him in a manger because there was no room for them in the inn.

Away in a Manger

First verse sung by pupils from Holy Rosary and St Anne's Catholic Primary School

1. Away in a manger no crib for a bed
The little Lord Jesus laid down his
sweet head
The stars in the bright sky looked
down where he lay
The little Lord Jesus asleep on the
hay.
2. The cattle are lowing the baby
awakes
But little Lord Jesus no crying he
makes.
I love you Lord Jesus; look down
from the sky
And stay by my side until morning is
nigh.

3. Be near me Lord Jesus I ask you to
stay
Close by me forever, and love me, I
pray.
Bless all the dear children in your
tender care,
And fit us for heaven, to live with
you there.

Verses 1 and 2 – Anon

Verse 3 – J T McFarland (1851-1913)

Jambo Rafiki - a Swahili song

Sung by pupils from Holy Rosary and St Anne's
Catholic Primary School

The Third Lesson

The Shepherds go to the manger

In the countryside close by there were shepherds out in the fields keeping guard over their sheep during the watches of the night. An angel of the Lord stood over them and the glory of the Lord shone round them. They were terrified, but the angel said, 'Do not be afraid. Look, I bring you news of great joy, a joy to be shared by the whole people. Today in the town of David a Saviour has been born to you; he is Christ the Lord. And here is a sign for you: you will find a baby wrapped in swaddling clothes and lying in a manger.' And all at once with the angel there was a great throng of the hosts of heaven, praising God with the words: 'Glory to God in the highest heaven, and on earth peace for those he favours'. Now it happened that when the angels had gone from them into heaven, the shepherds said to one another, 'Let us go to Bethlehem and see this event which the Lord has made known to us.' So they hurried away and found Mary and Joseph, and the baby lying in the manger. When they saw the child they repeated what they had been told about him, and everyone who heard it was astonished at what the shepherds said to them. As for Mary, she treasured all these things and pondered them in her heart. And the shepherds went back glorifying and praising God for all they had heard and seen, just as they had been told.

O Little Town of Bethlehem

1. O little town of Bethlehem,
how still we see thee lie!
Above thy deep and dreamless sleep
the silent stars go by.
Yet, in thy dark streets shineth
the everlasting light;
the hopes and fears of all the years
are met in thee tonight.
2. O morning stars, together
proclaim the holy birth,
and praises sing to God the King,
and Peace to men on earth;
for Christ is born of Mary;
and, gathered all above,
while mortals sleep, the angels keep
their watch of wondering love.
3. How silently, how silently,
the wondrous gift is given!
So God imparts to human hearts
the blessings of His heaven.
No ear may hear His coming;
but in this world of sin,
where meek souls will receive him, still
the dear Christ enters in.
4. O holy Child of Bethlehem,
descend to us, we pray;
cast out our sin, and enter in,
be born in us today.
We hear the Christmas angels
the great glad tidings tell:
O come to us, abide with us,
our Lord Emmanuel.

Phillips Brooks (1835-93)

The Fourth Lesson

The wise men are led by the star to Jesus

After Jesus had been born at Bethlehem in Judaea during the reign of King Herod, suddenly some wise men came to Jerusalem from the east asking, 'Where is the infant king of the Jews? We saw his star as it rose and have come to do him homage.' When King Herod heard this he was perturbed, and so was the whole of Jerusalem. He called together all the chief priests and the scribes of the people, and enquired of them where the Christ was to be born. They told him, 'At Bethlehem in Judaea, for this is what the prophet wrote: And you, Bethlehem, in the land of Judah, you are by no means the least among the leaders of Judah, for from you will come a leader who will shepherd my people Israel.' Then Herod summoned the wise men to see him privately. He asked them the exact date on which the star had appeared and sent them on to Bethlehem with the words, 'Go and find out all about the child, and when you have found him, let me know, so that I too may go and do him homage.' Having listened to what the king had to say, they set out. And suddenly the star they had seen rising went forward and halted over the place where the child was. The sight of the star filled them with delight, and going into the house they saw the child with his mother Mary, and falling to their knees they did him homage. Then, opening their treasures, they offered him gifts of gold and frankincense and myrrh. But they were given a warning in a dream not to go back to Herod, and returned to their own country by a different way.

Silent Night

1. Silent night, holy night!
All is calm, all is bright
Round yon Virgin, Mother and Child
Holy Infant so tender and mild
Sleep in heavenly peace,
Sleep in heavenly peace.

2. Silent night, holy night!
Shepherds quake at the sight
Glories stream from heaven afar
Heavenly hosts sing Alleluia!
Christ the Saviour is born,
Christ the Saviour is born.

3. Silent night, holy night!
Son of God, love's pure light
Radiant beams from Thy holy face
With dawn of redeeming grace
Jesus Lord, at Thy birth,
Jesus Lord, at Thy birth.

Joseph Mohr (1792-1848) tr. J Young

Final prayer and Blessing

Deacon Joe Cortis

Acknowledgements

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Are you a Dementia Friend?

Holding a Dementia Friends session will help people understand more about dementia and the small things you and your parish can do that make a difference. To book a short 45 minute session, or for more information, please call Rachel on 07702 255142 or email growing.old.gracefully@dioceseofleeds.org.uk .

