In addition to our Memory Café we also provide the following services:

- Home based support to take the stress out of managing bills and letters
- Lunch clubs on Friday & Monday, an Irish dinner, friendship & craic
- Women's Group offering friendship, fun, and to feel less isolated
- Annual Céilí and Irish Tea Dances
- Arts, crafts, allotment and walking groups

If you would like to Volunteer or make a donation please contact us on 0113 2625614

Leeds Irish Health & Homes, Unit 5, Gemini Park,
Sheepscar Way, Leeds, LS7 3JB
www.lihh.org
@leedsirish f/leedsirishcommunity



Registered as an Industrial and Provident Society with charitable status 28320R Registered in England No: IP28320R



Memory Café



Every second and fourth Monday of the month at Montague Burton Resource Centre, Banstead Street West, LS8 5RU 2:30pm to 4:30pm

Bus numbers 12, 13 & 13A

Join us for a warm welcome, a warm drink and a slice of cake.

If you are living with dementia or know somebody with the condition who would like to come along to our social meeting contact Leeds Irish Health and Homes on 0113 262 5614 or email info@lihh.org

October 23rd 'Getting to know you'

November 13th 'Songs of Percy French'

November 27th
Contented Dementia

December (11th —only 1 café this month)
Carols around the Xmas tree/Mince pies

January 8th
'Shaking off those Winter
Blues'

January 22nd Guest Speaker

February 12th Guest Speaker February 26th
A trip down memory Lane

March 12th Easter Crafts March 26th Easter Cake Sale

Contribution of £2.50



